

# PRAYER FOR CORONAVIRUS OUTBREAK

Keep us, good Lord,  
under the shadow of your mercy,  
in this time of uncertainty and distress.  
Sustain and support the anxious and fearful,  
and lift up all who are brought low;  
that we may rejoice in your comfort  
knowing that nothing can separate us from  
your love  
in Christ Jesus our Lord.



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## FOR THOSE IN ISOLATION

God of compassion,  
be close to those who are ill,  
afraid or in isolation.  
In their loneliness, be their consolation;  
in their anxiety, be their hope;  
in their darkness, be their light;  
through him who suffered alone  
on the cross,  
but reigns with you in glory,  
Jesus Christ our Lord.



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## FOR THOSE WHO ARE ILL

Merciful God,  
we entrust to your unfailing and  
tender care,  
those who are ill or in pain,  
knowing that whenever danger  
threatens your everlasting arms are  
there to hold us safe.

Rest your healing hand upon them,  
and restore them to health and strength;  
through Jesus Christ our Lord.



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## FOR MEDICAL STAFF & RESEARCHERS

Gracious God,  
give skill, sympathy and resilience  
to all who are caring for the sick,  
and your wisdom to those researching  
for a cure.

Strengthen them with your Spirit,  
that through their work many will be  
restored to health;  
through Jesus Christ our Lord.

# **Prayer for leaders responsible for making decisions about the new coronavirus**

*Father, we seek Your wisdom daily. Be with people making decisions that affect the lives and futures of our families, communities, countries, and the wider world. We pray that they communicate clearly, truthfully, and calmly — with each other and with the public — and that their messages are received and heeded. May truth and empathy be the touchstones of people setting policies for our protection.*



# **Prayer for business owners and families facing financial stress.**

*Jesus, we thank You for Your faithfulness in how you have guided and equipped people in their jobs and have provided in the past. It can be scary and overwhelming not knowing how bills and obligations will be met or to not be able to provide for families. As people feel financial strain during the uncertainty, bring them comfort and peace, reminding them that You are there for them. Provide for them in their times of need.*





# Prayer for families adjusting to new ways of life.

*Holy Spirit, as families adjust to everyone being home as businesses and schools close, we ask that You guide people in their new realities. Give spouses grace for each other. Prompt worn-out parents to speak words of kindness and encouragement to their children. Help children find creative ways to experience the beauty of all You have created and continue learning.*



THIS PRAYER WAS  
PRAYED BY SHAYKH  
DR UMAR AL-QADRI  
CHAIR OF IRISH  
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COUNCIL RTE 2020

- All praises to God the sustainer of all the worlds, the most compassionate, the most merciful. We seek refuge in you from the Pandemic Covet 19 and its mighty inflection on us, our families, our wealth and the whole of mankind. You are the greatest, you are much greater than what we fear and guard against. O God bless you messengers Abraham, Noah, Moses, Jesus, Muhammad and all the others. O God protect us from this disease and remove the hardship that this disease has brought upon us. Unite us all in our strength against this disease and grant us strength O God and grant us Peace. Bless our Country Ireland and bless the whole world. Amen.



# **Buddhism Mantra**

There are many moments that are perfect for reciting a mantra or short prayer. Buddhist teacher Ethan Nichtern notes that 20 seconds is about the time it takes to slowly recite the phrases of metta (lovingkindness) meditation.

"May all beings be safe. May all beings be content. May all beings be healthy. May all beings live with ease."

